

Complete yourself.

How restoring your teeth
can win back your life.



Do you avoid smiling because of one or several missing teeth? When was the last time you confidently bit into a crunchy apple? Have you stopped meeting your friends, because you are embarrassed of your teeth?

More than a smile

Losing or damaging your teeth can be a frightening experience. In modern society, an attractive, natural-looking smile is seen as a symbol of beauty and health. Also, a set of functioning teeth lets us enjoy the foods we love. Without the necessary stability in your mouth, every meal can become painful and slow. They help us feel confident at work and allow us to stay active up until old age.

💡 **Did you know?**

3,600,000,000*
people in the world are missing
teeth.

* conclusion based on several dental reports

You are not alone

Half of the world's population is missing one or more teeth. There are many different reasons for this such as an accident, illness or insufficient care.

But there is good news, your dentist can help you. There are modern dental solutions that help you win back both your smile and quality of life and finally make you feel complete again.

Your new smile is only a few steps away.

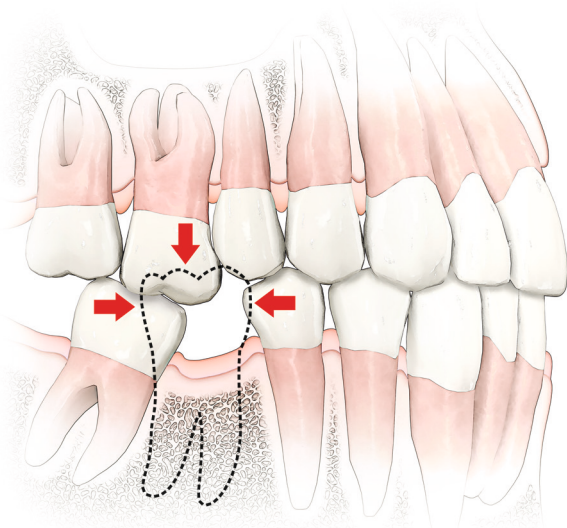


Why healthy teeth are so important

The loss or damage of even a single tooth can influence your daily life. It can affect your general health, your appearance and self-esteem. Every single tooth in your mouth has an important role to play.

Effects on jaw bone and gum

Normally, when all your teeth are intact, they perform tiny micro-movements in your mouth, stimulating your gums and jaw bone in the process. When one tooth or several teeth are lost, this interplay between your teeth and bone is disturbed and the stimulation is reduced. As a result, your jaw bone starts shrinking and your gum pulls back accordingly. Neighboring teeth start to move and fall into the gap. Teeth in the opposing jaw can start growing into the gap. The more teeth are missing in your mouth, the more challenging it can become to replace them.



One missing tooth can make neighboring teeth shift and grow into the gap



Losing your teeth makes you look older. The picture clearly shows the consequences of tooth and bone loss.

Effects on your appearance

If teeth and jaw bone are missing, they can no longer support your lips from the inside. With time your face will change and look older and wrinkly. Your cheeks and lips are left without the necessary support and become hollow and saggy.

To avoid these consequences, **Speak to your dentist about missing or damaged teeth.** With the help of modern dental restorations your tooth or even entire rows of teeth can be replaced with fixed new teeth. This will not only bring back your smile and chewing function, it will also stop the jaw bone from shrinking. And they make sure neighboring teeth and your entire mouth stay healthy.

Every tooth counts.

Your dentist has the solution that's right for you

What are replacement teeth?

Dental crowns and bridges are called replacement teeth, which are used to replace any tooth that is missing or beyond repair. They can be placed on natural teeth or on dental implants.

Replacement teeth on natural teeth

To restore missing teeth, your dentist can use a bridge made of several replacement teeth, which will be anchored to adjacent teeth to literally "bridge" the gap. To secure the bridge, these healthy adjacent teeth must be reduced in size by your dentist, which can mean sacrificing healthy teeth.

A bridge is normally made of natural-looking material such as ceramics. A dental laboratory designs each bridge individually to make it look and feel like your natural teeth.

Beware that instead of all-ceramics, dentists still sometimes offer metal crowns and bridges with porcelain fused on top. When your gum recedes, a black metal line at the rim of the bridge may become visible. For best esthetic results always ask your dentist for an all-ceramic bridge.

Also, this method doesn't keep your jaw bone from shrinking and your gums will continue to pull back over time. To avoid these clear disadvantages, your dentist needs to replace the tooth root, too. The best way to do this is with a dental implant made of titanium.

Replacement teeth on dental implants

Dental implants are inserted into your jaw bone and act just like the tooth roots of your natural teeth. With this procedure, healthy adjacent teeth are left untouched.

New teeth from day one

Depending on your individual situation, your dentist can immediately connect the implant to a temporary restoration that looks and feels just like your natural tooth.



Replacement teeth on natural teeth.
Neighboring teeth need to be ground down.



Replacement tooth on implant.
Neighboring teeth are left untouched.

A bridge or a dental implant: What's right for me

	Replacement on dental implant	Replacement on existing teeth (Bridge)
Duration	Many years. With the right care up to a lifetime.	approx 5-20 years
Healthy neighboring teeth need to be ground down	No	Yes
Keeping new tooth clean	Normal effort	More difficult
Risk of tooth decay / fracturing	Very low	Yes
Long-term costs	Higher initial treatment costs are compensated by lower maintenance costs after treatment.	Lower treatment costs, but often higher maintenance costs in the long run.

Comparison of dental implants with a bridge on natural teeth

Ask your dentist for the implant solution that will help you feel complete again.

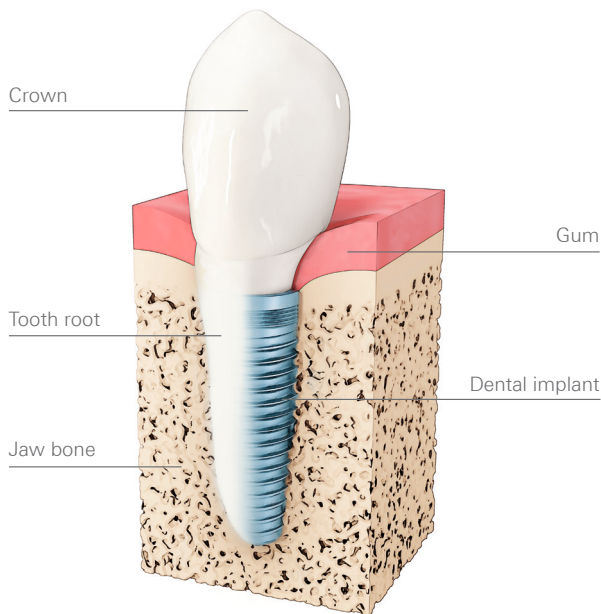


Dental implants offer you many advantages

What is a dental implant?

A dental implant serves as the tooth root of your new tooth. It is only a few millimeters long and carefully engineered, so your dentist can firmly anchor it in your jaw bone like your natural tooth and keep the replacement tooth stable. On top of the implant a crown or bridge will be used as the visible part of your new tooth. It is made of strong material (like e.g ceramics) and individually designed by a dental laboratory to make it look and feel like your natural tooth.

Dental implants are widely considered to be the most successful method of tooth replacement used today, because they give a number of benefits to patients.



Dental implants look and feel like natural teeth.

A healthy natural-looking smile

Modern dental restorations supported by implants look and feel just like your natural teeth. The color, shape and contour of the new teeth can be made to match that of your natural teeth.

Eat and speak normally

Dental implants bring back the full function of natural teeth. So no matter how hard, crunchy or sticky the food, dental implants can put it back on your menu. And they will restore your clear speech for the next business presentation or long chats with your friends.

Healthy teeth stay healthy

Dental implants do not harm neighboring teeth like alternative treatments and bring back oral health, and a youthful appearance.

Stable and comfortable fit

Dental implants are fixed to your jaw bone, which makes them stable and usually more comfortable than other restorations. On top of that, they are made of biocompatible materials, which means that your body tolerates them easily.

A long-lasting and proven solution

Implant solutions are very durable. With proper care and good oral hygiene, implants can last for many years or even a lifetime. The first patient was treated with modern dental implants in 1965. Since then, millions of implants have been placed successfully all over the world.

Your new smile is only a few steps away.

Practice stamp

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